

## Non-Monthly Packages

### Group Coaching Sessions\*

Single Session.....\$20  
10 Session Package.....\$180 (\$18)  
30 Session Package.....\$450 (\$15)

### Private Coaching Sessions\*

1/2 hour Session.....\$50  
1 hour Session.....\$80  
5 Session Package.....\$375 (\$75)  
10 Session Package.....\$690 (\$69)

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## Basic Monthly Group Packages

**\*\*Billed every 4 weeks**

**Includes:** Member pricing on additional group sessions and private coaching

### **Once A Week - Group Sessions**

**\$48 for 4 weeks\*\***

or 3 month prepay - \$129 (save \$15)

### **Twice A Week - Group Sessions**

**\$89 for 4 weeks\*\***

or 3 month prepay - \$239 (save \$28)

*\*\*Price for package based on Autopay monthly billing. Additional \$5 fee for purchasing 1 month unless done online.*

### Additional Group Sessions\*

Single Session.....\$15

### Private Coaching Sessions\*

1/2 hour Session.....\$39  
1 hour Session.....\$69  
5 Session Package.....\$325 (\$65)  
10 Session Package.....\$590 (\$59)

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## Platinum Monthly Group Package

**Includes:**

- Unlimited Group Coaching Sessions
- Special pricing on Private Coaching
- 10% off on all other products & services

### Private Coaching Rates\*

1/2 hour Session.....\$35  
1 hour Session.....\$59  
5 Session Package.....\$275 (\$55)  
10 Session Package.....\$490 (\$49)

### **\$145/month\*\***

- 3 month prepay \$405  
(*\$135/month*)

- 6 month prepay \$750  
(*\$125/month*)

*\*\*Price for package based on Autopay monthly billing.*

*Additional \$5 fee for purchasing 1 month unless done online.*

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## Monthly Private Coaching Packages

**Includes:** Special pricing on group sessions: \$8 each or 10 for \$65

Plus 10% off all other products and services

### **1 Hour Sessions - 4 weeks**

**Once a Week: \$240** (*\$60/session*)

**Twice a Week: \$440** (*\$55/session*)

**Three a Week: \$576** (*\$48/session*)

### **1/2 Hour Sessions - 4 weeks**

**Once a Week: \$150** (*\$37.50/session*)

**Twice a Week: \$280** (*\$35/session*)

**Three a Week: \$390** (*\$32.50/session*)